

A lance was a long, stick-like weapon knights used for jousting. Here's our quick guide to help you make your own.

 Find some large pieces of old scrap paper. Lay them on the ground so that they overlap.
Old newspaper or used wrapping paper are ideal.



2. Starting in a corner, roll the sheets into a long tube.



3. Use a few small pieces of sticky tape to hold the tube in place.





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If you want to practice your jousting you could try hanging a target on a string from a door frame or a washing line.

Scoring a joust

In a medieval tournament (jousting competition) each joust had 3 rounds. If you hit your opponent's body with your lance you got 1 point, if you hit them so hard that your lance broke you got 2 points, and if you knocked them off their horse you got 3 points.

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