Make your own jousting helmet

Recreate an important part of a knight’s jousting tournament armour.

1. **Draw a helmet shape** onto A4 card – shiny card, thin tissue paper stuck to the back of a cereal box, anything goes!

2. Fold your card in half and **cut out** the rounded corners and the eye slot.

3. **Make some breathing holes** with a hole punch or by pushing a pencil through the card. (Put Blu Tack on the table and position the card over it so the pencil won’t poke your table or your fingers!)

4. **Measure one or more long strips of card** to fit around your head and tape together. Then **attach your visor to your head band** using paper fasteners, staples or tape.

Decorate your helmet any way you like and wear it with pride.

We love seeing your #LearningWithHES creations – do share them with us online!

This activity was devised by artist Hannah Ayre. Find more activities at: historicenvironment.scot/LearnAtHome
Here’s a template you could copy or print out. We’ve tried drawing helmets freehand in both portrait and landscape orientations – both seem to work!
After you’ve drawn your helmet, hold it up to your face to make sure you’re happy with the shape before you cut it out.