



HOW TO

Plan a Fabulous Feast

Lords and ladies liked to have grand feasts in the great halls of their castles and palaces to entertain friends and family and show off their wealth and power.

Create your own version of a feast – an imaginary one or even a real one for you and your family at home. Other friends and relatives can join in online!

Planning your feast

- 1** Firstly, **create a guest list** for who you'd like to invite. This could be people you know, a wish list of celebrities, sportspeople, historical figures or a combination. You might want to write invitations! When will your feast take place? Is it a special occasion like a birthday?
- 2** Then **draw a seating plan** of where you'd like each guest to sit. Think of who would be most likely to enjoy each other's company. Kings and Queens always got the best spot – closest to a warm fire!
 - use our Great Hall colouring sheet for inspiration or printing
- 3** Now, it's time to **work up your menu**. You could research recipes which use the medieval foods listed in Cooking in a Castle to create a medieval feast, have modern food or create your own recipes. How many courses will you have?
 - use our Fill Your Plate sheet or Busy Kitchen colouring sheets for inspiration
 - try our Scotty dog shortbread recipe
- 4** **Choose your entertainment line-up** now. Medieval entertainment included jugglers, singers, minstrels (musicians), acrobats and jesters (comedians). You could choose entertainers from today or even hold real auditions for your family and friends in person or online.
- 5** You want to make a good impression on your guests, so how will you **decorate your venue**? Will there be fresh flowers, candles, ornaments? Will you make decorations like paper flowers, paper chains? Can you be creative and recycle items? Who is the best interior designer?
 - use our Unicorn, Castle, Crown or Knights colouring sheets for inspiration
- 6** What will you wear? You want to look your best, so now's the time to **plan your outfit**. Dig out your fanciest clothes or make a new outfit to wear from items around the house. Is there a prize for the best dressed?
- 7** You're all set.
Well done for planning a fabulous feast!