



Make your own Jousting Helmet



Materials

Computer & printer
Silver A4 card or paper
Cereal box (optional)
Glue (optional)

60 x 5 cm strip of card
Scissors
2 brass paper fasteners
Hole punch
Sellotape

Step by step

1. Print out this template onto silver card. Or print onto paper, then glue onto card such as a cereal box.
2. Fold the A4 card in half down the dotted line.
The design should be visible on the outside of the card.
Keep it folded in half for steps 4-7.
3. Cut off the rounded corners.
4. Cut out the rectangular eye hole.
5. Use a hole punch to cut out the 2 black dots.
6. Use a hole punch again to make some breathing holes.
7. Make a headband by joining the strip of card into a circle with sellotape. Punch 2 holes in it, 22cm apart.
8. Attach your visor to your head band by threading the brass paper fasteners through the holes.

